

**INGLEBOROUGH HALL
OUTDOOR EDUCATION CENTRE
Clapham, North Yorkshire LA2 8EF
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GENERAL INFORMATION

Ingleborough Hall was established as a residential outdoor centre in 1972 and is run as part of the education services for the City of Bradford. The Centre provides a wide variety of courses for school pupils, mainly from the Bradford and Leeds area, but also including some from other local education authorities. Technical skills courses in caving, rock climbing and hill walking are also available to teachers, youth leaders, and individual members of the general public. The Centre runs NGB training and assessment courses on behalf of the British Caving Association.

LOCATION AND ACCESS

Ingleborough Hall stands in 8 acres of private grounds in the village of Clapham, within the Yorkshire Dales National Park. The village is set just off the A65 Skipton to Kendal road, between Settle and Ingleton, and within easy reach of the M6. Clapham is served by the Leeds to Lancaster rail link, the station being situated 2 k from the Hall. To reach the Centre turn into the village and follow the road up the East side of the beck from the New Inn and Cave Rescue base. Pass the National Park car park and continue up through a narrowing between houses. Ingleborough Hall's driveway is on your right. NGR SD 747 693

FACILITIES

To complement courses facilities at the Centre include five lecture rooms, library, visual aid equipment, SRT training tree, ropework training platform, and an indoor rigging area. WiFi access is available in the main public rooms, most bedrooms and Thornton Cottage. A payphone is provided for course members; the number is 015242 51438.

ACCOMMODATION

The Centre has an overall capacity of 125 beds ranging from twin bedrooms to sixteen berth dormitories. Five shower rooms and three bathrooms, one with a huge Victorian bath, ensure cleanliness and relaxation after a hard day above or below ground. Excellent catering and dining arrangements exist and access is available to quiet rooms, supper bar, a small shop and a video player. A sluice room and an efficient drying room ensure that personal clothing and equipment is clean and dry for the next day. The Centre is subject to the No Smoking law, and the buildings and grounds have also been designated a dog free zone.

Thornton Cottage is a self-contained, self-catering unit adjacent to the Hall. With a capacity of 16 in a variety of bunk rooms, and fully equipped with dishwasher, electric cooker, micro wave and fridge, it provides an alternative and cheaper option for course members. It has its own dining / lounge area and the usual toilet and shower facilities. All crockery, cutlery and cooking utensils are provided. However Guests do need to bring sleeping bags and pillows. Electricity for cooking and heating is via a £1 coin meter.

INSTRUCTION

Courses are directed by the Head of Centre who holds the UK's top coaching awards in caving and mountaineering, assisted by members of the Centre's instructional team, all of whom are highly qualified and experienced in their respective fields. Most are qualified teachers. On occasion talented voluntary assistants augment the staff team to improve teaching ratios and give greater personal attention.

FEES

Course fees are indicated on the individual course leaflets and price list and are exempt from VAT. Unless otherwise stated instruction, use of necessary equipment, in-course transport and specialist protective clothing are included in the basic non-residential cost. Residential fees include the above, plus accommodation and meals. Self-catering fees are for accommodation only in Thornton Cottage; electricity for cooking and heating is via a £1 coin meter. Payment can be made by cheque, or by certain credit and debit cards either in person or over the phone.

SAFETY AND INSURANCE

Although all training at Ingleborough Hall is conducted by experienced and competent staff in accordance with the Centre's Safety Policy and Operating Procedures, accidents are always possible. The Centre does not provide personal insurance and course members are therefore advised to consider obtaining their own personal accident, equipment and cancellation cover. Course applicants should read, and understand, the following statements appropriate to their activity:

BCA AND BMC PARTICIPATION STATEMENTS

Both the British Caving Association and the British Mountaineering Council recognise that caving and mine exploration, and climbing and mountaineering, are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.

CANCELLATION OF COURSES

Ingleborough Hall reserves the right to cancel or curtail any course offered, at any time, and for any reason. If such a cancellation is necessary prior to the commencement of the course the option of alternative dates or a full refund will be offered.

WEATHER CONDITIONS

The Centre has no control over weather and ground conditions and can accept no responsibility should a course be affected by adverse conditions.

AGE

NGB training and assessment courses are subject to age criteria laid down by the relevant governing body; refer to their literature for guidance. The Centre is licensed by the Adventure Activities Licensing Authority to provide caving and mountain activities to under 18s.

FITNESS

Caving and mountaineering are physically demanding sports. Course members should ensure that they are in good health and sufficiently fit to take full advantage of the opportunities on offer. If in doubt advice should be sought from a medical practitioner or the Head of Centre. Anyone whose lack of fitness becomes a liability to the safety of themselves or others may be asked to withdraw from the course.

DATA PROTECTION

Personal information provided by course members on their application / booking forms plus any subsequent information is held in its original form and also on computer for course administration purposes and to assist with the delivery of the course. By providing the Centre with this information course members are agreeing that it can be kept and accessed by authorised Centre personnel.

COURSE INFORMATION

Detailed course information and joining instructions are normally sent to course members at least two weeks prior to the commencement of the course.

Visit our website at www.ingleboro.co.uk for further information